



Bali Hai
RESORT & SPA
CABLE BEACH



Spa Menu



Spa

In the natural tropical surroundings of The Bali Hai Spa we offer an exclusive range of health and beauty therapies that are as unique as the Australian outback and as exotic as the island of Bali. Pamper and heal your body, rejuvenate your spirit, restore inner harmony and renew vitality.

Our seven treatment rooms, named after the elements in the traditional Indonesian language, Kayu (Wood), Langit (Sky), Tanah (Earth), Matahari (Sun), Hujan (Rain), Pantai (Beach) and Indah (Beautiful), are nestled amongst lush tropical gardens of the Bali Hai Resort. We have gathered together the finest holistic therapies from Australia and ancient Asia.

Traditional Balinese village recipes will give you the feeling you are surrounded by the lush rice terraces and the tropical rainforests of Bali. Exotic blends of herbs and spices will send the soul flying as you indulge, in maybe a Balinese Coco Hot Oil Wrap or a Pearl Facial.

Experience the delights of Broome with the Passion of the Pearl treatment. A combination of finely ground Mother of Pearl Shell, Passion Fruit and Cocoa Butter creates a romantic delight for couples.

As you emerge from your treatment in a state of peace and tranquility you can make your way to one of our two sparkling swimming pools or to the Bali Hai Café. Here you can enjoy the fresh breeze and marvel at wonderful sunset views as you relax in the alfresco deck area and enjoy a delicious light meal or a refreshing drink. Then you can stroll to the famous Broome Cable Beach where you can walk along the beautiful white sands, gaze at the sparkling turquoise water and marvel at the Red Pindan cliffs.

Whatever method you choose to tap into from our exotic collection of natural treatments, we are sure you will enjoy an unforgettable physical and spiritual experience.



Signature TREATMENTS

Pearl Facial 30/60mins \$80/\$135

Intensive Hydrating Facial - Your therapist will perform a nourishing and hydrating treatment. Suitable for stressed, dehydrated, mature and sun damaged skin.

Purifying Facial - A deep cleansing facial to remove impurities and refine pores. Suitable for combination to oil prone skin.

Sensitive Facial- Gentle procedures and low allergenic products are used to reduce inflammation and calm and soothe dry sensitive skin.

Pearl Paradise 60/90mins \$135/\$200

A rhythmic Paradise Massage will leave your body relaxed and free from tension. You will then dance into a rejuvenating and exhilarating Pearl Facial. This treatment will revitalise the skin and relax the mind.

Organic Sweet Orange and Lavender

Sugar Body Exfoliation 30/60mins \$85/\$140

An organic experience that will leave your skin silky smooth. The deeply moisturizing organic Sweet Orange and Lavender Sugar scrub will leave your skin vibrant and replenished. A facial cleanse and exfoliation and Body Moisturiser will leave you feeling calm and uplifted.

Lime and Coconut Ritual 90/120mins \$200/\$260

Luxuriant coconut oil will be applied to the body with a Paradise Massage. Then you will be invigorated with an exfoliation of fresh citrus and sea salts and awaken with a Mandi shower. Experience a lime spritz and a Coconut and Lime Moisturising Lotion will be applied.

Shinju 'Pearl' 90/120mins \$200/\$260

A massage will revitalise your body and relax the mind. We will gently body brush and exfoliate your skin with invigorating sea salts. You will then be cocooned in your choice of clay, Ocean 'Samudera' Purifying, Sun 'Matahari' Hydrating or Earth 'Tanah' Nourishing Mud, as you enjoy a facial cleanse and head massage with Coconut and Lime hair treatment. When you emerge, cool streams of water in the Mandi shower are used to cleanse your body and awaken the spirit.

Dancing Dragon 180mins \$370

This unique three hour treatment begins with a body brush and one of our delicious body scrubs applied to gently exfoliate the skin. A Shinju body wrap will then send your spirit soaring as you enjoy an Indian Head Massage. The Mandi outdoor shower will wash away tension and awaken vitality. You will then surrender to a one hour Paradise massage, a Pearl Facial and a Hand and Foot Ritual. This will leave you in a state of harmony and inner peace.

Body

RITUALS

Passion of the Pearl 120mins \$260pp/\$500per couple

Indulge in this romantic and sensual delight. Your senses will be awakened by the flower of love and the passion of the tropics. Succumb to the delights of a relaxing massage and then be invigorated by Mother of Pearl and Passionfruit body scrub. Cocoa butter is then drizzled all over the body and you will experience a facial cleanse and the sensation of the coconut oil flowing through your hair with an Indian Head Massage. After pouring on a yoghurt and passionfruit splash, slip into your exotic coconut milk and rose petal bath while sipping a tropical fruit cocktail and nibbling on fresh fruits.

Hibiscus Romance 120mins \$260pp/\$500per couple

A honeymoon delight for couples in the privacy of your own Deluxe Spa room with Geisha tub and private garden. Begin the journey with a Hibiscus and coconut milk foot bath and Paradise Massage. Then experience a Hibiscus Sea Salt body exfoliation followed by a Hibiscus facial cleanse and scrub. You will then enter your private sea of delight, an aromatic flower bath. Here you will sip a tropical fruit cocktail and enjoy a fresh fruit platter.



Bali in Broome 90mins \$340per couple

Experience bliss with your loved one as you share a one hour Frangipani and Lemongrass Balinese massage. Then retreat to your private garden where you will enjoy fresh fruits and a tropical cocktail while relaxing in your romantic Frangipani flower bath.

Bali Hai Coco Hot Oil Wrap 90/120mins \$200/\$260

First you will enjoy a body massage and a moisturising coconut and cinnamon body scrub. Then warm coconut oil is drizzled all over the body before you are wrapped in muslin sheath. Receive a hydrating facial cleanse. Warm coconut oil will then be gently poured through your hair with a luxurious head massage.

Hydro THERAPY

Coconut Vichy 60mins \$145

Wet Room Vichy

Be revitalised and awakened by the sensation of raindrops and coconut oil on your skin. The body is painted in the traditional Balinese Lular, a blend of cinnamon, tumeric and sandalwood which will exfoliate the skin. Then gentle healing streams of water will massage the body, as vanilla milk is drizzled over you.

Harmony Kembang 'Flower' Vichy 135mins \$315

Begin your treatment with a Rose and Hibiscus Coconut milk foot bath. Cleanse and soothe the mind with an Organic Orange Sweet and Lavender Sugar body exfoliation. Then allow a warm Vichy water massage to wash all tension away and awaken vitality. You will then be spritzed with Rose and receive a Frangipani Paradise Massage and enjoy a luxurious 30 minute Pearl Facial. Bliss will be the only word to describe how you feel.

Geisha Tub 30mins \$80pp/\$90per couple

An aromatic experience designed to relieve stress, muscle tension and aches. Sea salt combines with essential oils and flowers to moisturise and soften the skin and enliven and heighten the senses. As you relax, sip a tropical drink and nibble on fresh fruits.



Spa TREATMENTS

Kids' Spa Programme 60mins \$60 per child (min 2)

We also offer great spa activities for the kids. Learn to be a mini-therapist, discover how to de-stress mum and dad, pick your own herbs and flowers to mix potions and cover yourself with chocolate. Don't forget to bring your bathers!

Langit dan Tanah 'Sky to Earth' 75mins \$165

Indulge in this sensory journey from head to toe. Start with a Vanilla milk drizzling and Walnut and Passionfruit exfoliation of the feet. Then enjoy an indulgent foot and hand massage. This leads into the Indian Head Massage where warm coconut oil is poured through your hair with a head, shoulder and facial massage. This will leave you feeling balanced and energised.



Massage

Paradise Massage 60/90mins \$130/\$180

An indulgent full body massage using oils that are blended at the Bali Hai Spa. Incorporating the therapists own techniques to address your individual needs, this treatment will leave your body feeling relaxed and your spirit uplifted.

Balinese 60/90mins \$130/\$180

The ancient ritual, Balinese massage will enhance wellness and a sense of deep relaxation using a combination of gentle stretches, stroking and acupressure techniques. This with essential oils will stimulate the flow of blood, oxygen and energy around the body.

Remedial 30/60/90mins \$85/\$135/\$190

An invigorating deep tissue massage that will relieve muscles from aches and tension while relaxing the mind.

Indian Head Massage 30mins \$ 80

Warm coconut oil is poured through your hair as you receive an invigorating and revitalising massage on the upper back, shoulders, scalp and face.

Foot Massage 30mins \$ 80

Enjoy a warm Vanilla Milk foot bath, foot exfoliation and a warm Lime and Coconut Oil sensory massage. Your feet will be spritzed with Lime and exotic Lime and Coconut Crème will be applied, leaving your feet in a state of bliss.

Ante & Post Natal Massage 60/90mins \$135/\$190

Increases energy levels and alleviates any discomfort, while aiding in the prevention of stretch marks and improving circulation during pregnancy or post natal.

Kimberley Rock Stone Therapy 90mins \$195

The treatment begins with a warm stone footbath that is designed to awaken your senses and trigger the reflexology points of the feet. A collection of warm flat stones from the river beds of the Kimberleys are used in a flowing relaxing body massage. The stones are then placed on different chakra points of the body while you enjoy a head massage. This will leave you in state of harmony with a sense of inner peace.

Manicure & Pedicure

We use professional OPI Nail Lacquer and OPI GelColour Lacquer

Revitalising Hand Ritual/Foot Ritual	60 mins	\$100
Add a French Polish	15 mins	Additional \$ 10
OPI Gel Colour	60 mins	\$115
Add a OPI Gel Colour French Polish	15 mins	Additional \$ 15
OPI Gel Colour or Shellac Removal	15 mins	\$ 10

EXPRESS

Express Manicure or Pedicure	30 mins	\$ 65
Express Manicure and Pedicure	60 mins	\$100
Express OPI Gel Colour	45mins	\$ 85

WAXING

ALLOW UP TO

Half Leg	30 mins	\$ 45
Full Leg	45 mins	\$ 65
Bikini Line	15 mins	\$ 25
G-String	30 mins	\$ 50
Brazilian	30 mins	\$ 70
Underarm	15 mins	\$ 25
Half Arm	15 mins	\$ 30
Full Arm	30 mins	\$ 50
Eyebrow	15 mins	\$ 20
Brow Shape incl. Brow Tint	30 mins	\$ 45
Lip/Chin	15 mins	\$ 15
Back	30 mins	\$ 45
Chest	30 mins	\$ 45

TINTING

Brow	15 mins	\$ 20
Lash	15 mins	\$ 30
Lash and Brow	30 mins	\$ 40
Brow Wax & Tint & Lash Tint	30 mins	\$ 50



BALI HAI SPA ETIQUETTE

The Bali Hai Spa is a smoke free and mobile phone free area. The Bali Hai Spa is a peaceful, serene and quiet sanctuary. Please help us to maintain the Bali Hai Serenity.

Choosing Treatments

Our Spa Consultants will be happy to assist you in creating an individualised Bali Hai Treatment experience. If you are pregnant please contact the Spa Manager or Receptionist for advice on treatments that are safe to enjoy during pregnancy.

Cancellation Policy

We understand that you may need to change your schedule. We kindly request that you give 24 hours notice for any change in your appointment. If the full notice period is not given a 50% fee will be charged.

Arrival

Please arrive 15 minutes prior to your treatment. This will allow time for you to enjoy our relaxation room and pool area and receive the most out of your treatment.

What to Wear

Wear casual attire. Inside your allocated locker will be a bathrobe to change into. You do not need to wear undergarments but if you prefer you may wear briefs, swimsuit or the disposable underwear provided. Therapists at all times will protect your privacy.

Valuables

Please leave valuables in your villa safe or at home, as the Spa accepts no responsibility for lost valuables.

Payment

Payment of treatments and gifts can be charged to your villa for In House Guests or by major credit cards, Eftpos or cash. With Diners and American Express there will be a 3% surcharge.



LOCATION

The Spa is located within the
Bali Hai Resort & Spa grounds.
6 Murray Road Cable Beach

SPA APPOINTMENTS

To make an appointment please contact us on:
Phone: (08) 9191 3155
E: spa@balihaireSORT.com
W: www.balihaireSORT.com